

# Employee Referred Mental Health Providers

\*Mental health providers are capable of assisting with many different needs. The specialties noted were listed on the provider's website and/or employee recommendations.

## North Charlotte

1. **Lynn Yates**  
**8221 Village Harbor Dr.**  
**Cornelius, NC 28031**  
**704-860-0928**
  - Anxiety
  - Codependency
  - Coping Skills
  - Depression
  - Divorce
  - Emotional Disturbance
  - Family Conflict
  - Grief
  - Infidelity
  - Marital and Premarital
  - Military, First Responders, Cancer
  - Sexual Abuse
  - Spirituality
2. **Peer In Counseling Center – Kim Honeycutt**  
**112 S. Old Statesville Road #202**  
**Huntersville, NC 28078**  
**704-564-2647**  
[www.peerincounselingcenter.com](http://www.peerincounselingcenter.com)
  - ADD/ADHD
  - Adjustment Disorders
  - Anger Release Techniques
  - Depression & Anxiety
  - Eating Disorders
  - Mysophobia
  - Rage
  - Self-Injurious Behavior (i.e. cutting)
  - Sexual Abuse and Related Trauma
  - Social Phobias/OCD/BDD
  - Substance Abuse/ Addiction
  - Teenage Difficulties
  - Trauma & PTSD
  - Workplace Dynamics
  - Christian Counseling (Upon Request)

3. **Hinds Counseling – Carmen Hinds**  
**1931 J N Pease Place #102**  
**Charlotte, NC 28262**  
**704-728-5955**  
[www.hindscounseling.com](http://www.hindscounseling.com)  
[chinds@hindscounseling.com](mailto:chinds@hindscounseling.com)  
General Mental Wellbeing  
Family/Relationship Counseling
  
4. **Southlake Psychiatry**  
**903 Northeast Dr. #301**  
**Davidson, NC 28036**  
**704-894-9309**  
[www.southlakepsych.com](http://www.southlakepsych.com)  
Depression  
Anxiety/Panic Disorders  
Bipolar Disorder  
Addiction & Recovery  
Adult ADHD
  
5. **Life’s Journey Counseling Services – Dr. Andrea Barbian-Shimberg LPC, NCC**  
**13420 Reese Blvd West**  
**Huntersville, NC 28078**  
**704-584-9241**  
[www.lifesjourneycounselingservices.com](http://www.lifesjourneycounselingservices.com)  
[lifesjourneycounselingservices@gmail.com](mailto:lifesjourneycounselingservices@gmail.com)  
First Responders  
General Mental Well Being  
Family/Relationship Counseling  
Mass Casualty Response  
Therapy for Trauma and PTSD  
Therapy for Depression and Anxiety  
Parenting Support  
Work and Career Issues  
Stress Management  
Life Transitions  
Conflict Resolution

## **East Charlotte**

6. **Charlotte Wellbeing Institute, PLLC – Natalie Murray, LPC**  
**8501 Tower Point Drive**  
**Charlotte, NC 28227**  
**704-296-8372**  
[www.cltwellbeing.com](http://www.cltwellbeing.com)

# South Charlotte

7. **Naturopathic Health-Dr. Cherie Minette**

**218 E Tremont Avenue**

**Charlotte, NC 28203**

**704-414-0380**

[www.drminette.com](http://www.drminette.com)

Holistic

Natural Healing

8. **Jennifer Leddy**

**317 Matthews Mint Hill Road**

**Matthews, NC 28105**

**704-550-4703**

**704-776-6573**

Depression

Anxiety/Panic Disorders

Relationship Issues

9. **A Change Within – Sarah DeMaison**

**1122 Sam Newell Road #104**

**Matthews, NC 28105**

**704-841-9454**

[www.changewithinme.com](http://www.changewithinme.com)

[sarahdemaison@changewithinme.com](mailto:sarahdemaison@changewithinme.com)

First Responders

Eye Movement Desensitization & Reprocessing Therapy

PTSD

Stress Management

Depression

Anxiety/Panic Disorders

Family/Relationship Counseling

Conflict Resolution

10. **Broadview Health Psychiatry – Dr. Onafuye**

**7301 Carmel Executive Park Drive**

**Charlotte, NC 28226**

**704-554-0050**

[www.broadviewpsychiatry.com](http://www.broadviewpsychiatry.com)

[broadviewhealthpa@gmail.com](mailto:broadviewhealthpa@gmail.com)

ADHD

Anger Management

Anxiety

Bipolar Disorder

Depression

Drug Abuse

Obsessive-Compulsive (OCD)

Sleep or Insomnia

Suboxone management

Substance Abuse

11. **One 12 Counseling**  
**7745 Ballantyne Commons Pkwy #102**  
**Charlotte, NC 28277**  
**704-461-8253**  
[www.one12counseling.com](http://www.one12counseling.com)
  
12. **Connie Hayes LPC, NCC**  
**1850 East 3<sup>rd</sup> Street**  
**Charlotte, NC 28204**  
**325 Matthews Mint Hill Road**  
**Matthews, NC 28105**  
**704-275-0760**
  - Coaching
  - Cognitive Behavioral
  - Family/Marital
  
13. **Eastover Psychological and Psychiatric Group – Jennifer Segura**  
**3303 Latrobe Drive**  
**Charlotte, NC 28211**  
**980-213-3530**  
[www.eastoverpsych.com](http://www.eastoverpsych.com)
  - General Mental Well Being
  - Anxiety
  - ADHD
  - Autism Spectrum
  - Learning Disabilities
  - Depression and Suicide
  - Eating & Body Image Concerns
  - Mood Disorders
  - LGBTQ Resources

## **Out of County**

14. **Bright Hope Counseling Center – Justin Feasel**  
**Gastonia, NC 28054**  
**980-285-2698**  
[www.brighthopercounselingcenter.com](http://www.brighthopercounselingcenter.com)
  - General Mental Well Being
  - Suicidal and/or self-harming behaviors or thoughts
  - Depression
  - PTSD
  - Critical Incident
  - Diagnosed Psychological Disorder
  - Family/Relationship counseling
  - Life Coaching
  - Anxiety/Panic Disorders
  - Eating Disorders

Substance Abuse/Addiction  
Bipolar Disorder  
Personality Disorder

15. **Grace Counseling**  
**Concord, NC 28025**  
**704-783-6044**

General Mental Wellbeing

16. **Dr. Lois Veronin**  
**Rockhill, SC 29732**  
**803-448-6333**  
[www.drloisveronen.com](http://www.drloisveronen.com)  
[DrV@drloisveronen.com](mailto:DrV@drloisveronen.com)

Depression  
Anxiety/Depression Disorders  
Family/Relationship Counseling  
Grief Counseling  
Stress Management  
Addiction & Recovery  
Conflict Resolution

17. **Metrolina Psychotherapy Associates**  
**Belmont, NC 28012**  
**704-461-8253**  
[www.metpsych.com](http://www.metpsych.com)  
[contact@metpsych.com](mailto:contact@metpsych.com)

General Mental Well Being  
Family/Relationship Counseling  
Addiction & Recovery

18. **Northeast Psychiatric Services**  
**Albemarle, NC 28001**  
**704-403-1877**  
**Concord, NC 28025**  
**704-403-1800**  
**Harrisburg, NC 28075**  
**704-454-7268**