

FOR IMMEDIATE RELEASE

Mecklenburg EMS Agency (Medic) Receives Bronze Recognition in the American Heart Association's Workplace Health Achievement Index
Scientific Evidenced-Based Measure Rates, Recognizes Workplace Health Programs

[Charlotte, NC] November 23, 2016 – Mecklenburg EMS Agency (Medic) proudly received the 2016 bronze level recognition in the American Heart Association's inaugural results of the [Workplace Health Achievement Index \(Index\)](#), a science-based and evidence-informed measurement that assesses and recognizes workplace health programs. Initiated by the AHA's [CEO Roundtable](#), the Index provides employers with best practices to evaluate the quality and effectiveness of workplace health programs.

"We are honored to have achieved the bronze recognition in workplace health from the American Heart Association," said Jeff Keith, Medic's, Deputy Director. "A key strategy at Medic is to build a supportive culture that engages employees and helps improve health outcomes.

The Workplace Health Achievement Index is unique in that it scores and recognizes companies both on the structure of the workplace health program *and* employee's heart health based on the AHA's seven behaviors and metrics for ideal heart health – Life's Simple 7®. [Research shows](#) that improving these seven factors can lead to significant reductions in heart disease, stroke, cancer and many other health problems. In addition, people who achieve ideal cardiovascular health by age 50 have significantly lower lifetime risk of heart disease and stroke, and live, on average, approximately 10 years longer than people with two or more risk factors.

"The stakes are high. We need to act now to improve the health of our American workforce. The Index offer employers a science-based approach to assess the quality of health programs and the overall heart health of their employees. The Index also offers a roadmap for continuous quality improvement regardless of where a company may be in that journey." said Gregory Grevelding, Medic's Public Relations Supervisor.

Comprehensively designed and fully implemented workplace health programs can help with job satisfaction and employee retention, as verified by a [Nielsen 2016 Employee Health Survey](#). The Workplace Health Achievement Index gives companies a specific framework they can adopt to improve the quality and effectiveness of their programs, while learning from one another. The AHA CEO Roundtable companies serve as a learning laboratory environment to develop, test and refine the Workplace Health Achievement Index, as well as additional resources for practical use.

For more information on the AHA's continuous quality improvement in the workplace and additional workplace health resources, visit www.heart.org/workplacehealth.

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About Mecklenburg EMS Agency (Medic)

Medic has served as Mecklenburg County's EMS agency since 1978. Medic is a joint government agency ran by Mecklenburg County, Novant Health and Carolinas Healthcare System. Medic is the busiest Emergency Medical Services agency in the State of North Carolina, with nearly 530 employees and a fleet of 80 ambulances, mass casualty vehicles, and emergency response assets. Medic responds to more than 139,000 calls into the organization's 9-1-1 emergency response dispatch center each year.

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About the American Heart Association

The American Heart Association is devoted to saving people from heart disease and stroke – America’s No. 1 and No. 5 killers. We team with millions of volunteers to fund innovative research, fight for stronger public health policies, and provide lifesaving tools and information to prevent and treat these diseases. The Dallas-based association is the nation’s oldest and largest voluntary organization dedicated to fighting heart disease and stroke. To learn more or to get involved, call 1-800-AHA-USA 1, visit heart.org or call any of our offices around the country. Follow us on Facebook and Twitter.

medic911.com

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