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and
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wellness
incentive
eligibility



Atrium Health

UPCOMING SCREENING EVENT

For MEDIC by Atrium Health Employer Solutions

Biometric Screening Includes:



Height and Weight



Waist Circumference



Blood pressure



Lipids



Glucose

When

Time

Where

Monday, Oct 10

2 to 7 p.m.

4425 Wilkinson Blvd.

Tuesday, Oct 11

9 a.m. to 2 p.m.

Charlotte, NC 28208

Wednesday, Oct 12

2 to 7 p.m.

Thursday, Oct 13

9 a.m. to 2 p.m.

All discussions with Atrium Health are private and will not be shared with your employer.



Before Your Screening

- No food or beverages for 7 hours before your appointment time.
- Only black coffee and/or water are allowed.
- Take your medications as usual.
- Drink plenty of water the day before and the day of your screening.



To Register and Take Your Health

Risk Assessment:

<https://tinyurl.com/MEDICBio22>

For Questions and Contacts

About the event or fasting:

Paul Christian

EmployerSolutions.Wellness@AtriumHealth.org

704-631-1173

About your MEDIC wellness program:

Jackie Martin

jacklynm@MEDIC911.com